

WRITE HOOK

The Official Newsletter of the British & Irish Boxing Authority (BIBA)

WORDS FROM THE CHAIRMAN



Promoter Chris Boyle (L), WBA Oceania President Firlin Marsh and BIBA Chairman Chris Wardrope (R)

As I write this first “Word’s from the Chairman” column for our new and exciting BIBA Newsletter, it’s exactly one week since our last show in Mansfield.

In the coming months we have two huge shows announced in Aberdeen and Middlesbrough.

Both shows will see a raft of local talent get a run out so here’s hoping for two memorable nights of boxing to keep up the terrific start to 2024!

But back to last Saturday (03/02/2024), five months of negotiations, culminated in a World Boxing Association (WBA) title being contested on a BIBA show for the very first time.

After a terrific battle between Elle Coulson and Jamie Edenden, the result went the way of the lady from Worksop! What an achievement. It was a night and a performance that will long live in the memory. We all now look forward to seeing the forthcoming WBA middleweight ratings to see were Elle lands!

As Chairman of BIBA I would just like to express my congratulations on this achievement to Elle. Her corner team in Chris & Jen Boyle, and all at XBox. Acknowledgement must also go to Big Rich and Emma (Elle’s parents) both of whom do so much in the background.

It was proud moment for us all at BIBA and especially for me as Chairman. I have watched Elle grow and develop as a person and as a fighter. With specific reference to her last 7 fights which I have supervised. This performance deserves to be celebrated!

So with multiple cards confirmed for the forthcoming months, as well as later in 2024 we are off to a great start.

Add to the mix a number of new promoters and fighters coming on board, the period ahead does look like being another positive one.

So to team BIBA and all our associates, thank you all for your hard work in 2023 and let’s make 2024 even better!

#OneTeam #teamBIBA

Yours in sport

Chris Wardrope, Chairman



Cut/Cornerman Course - Worksop, 2nd March 2024

APBC Certified Cut/Corner Course, at the Stanley Street Sports and Social Club in Worksop, Notts on Saturday 2nd March 2024, that is essential for all Coaches and Cornermen.

The Cut/Corner course covers all aspects from weigh-in to post fight.

Subjects covered:

1. Duty of Care
2. Head Trauma Signs & Symptoms
3. Coaches/Corner/Cutman Responsibilities
4. Cutman's Tools of the Trade
5. Professional Hand Bandaging
6. Weight Cutting and Weigh-in
7. Working the Corner – Contest and Sparring
8. Types of Injuries and Rules Pertaining to Injuries.
9. Corner Treatment of Bruising, Swellings and Cuts
10. Post Fight

For further information or register please go to https://boxbiba.com/?page_id=9974



MRI/MRA SCANS IMPORTANT UPDATE

All Professional boxers are required to undertake a full medical, as well as blood screening, eye test and an MRI scan annually.

In the case of a boxer applying for a professional boxers license for the first time a MRI/MRA is required

Due to the BIBA having a contract with Scan.com the cost of the MRI for BIBA license holders is reduced from £595 (€677) (InHealth) to £420 (€490) and for new boxers requiring both MRI/MRA is £520 (€605), however for the MRI or MRI/MRA to be at this reduced cost referrals have to be made by BIBA head office.

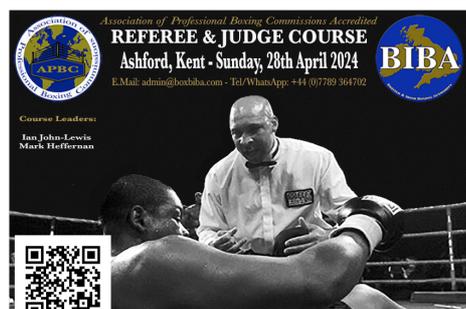


Coulson Secures WBA Oceania Crown Via Unanimous Points Victory Over Edenden

Full report on Page 3

British & Irish Boxing Authority
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Referee & Judge Course - Ashford, Kent - 28th April 2024

The course, will be led by Internationally accredited Championship A Star Class Referee and Judge Ian John-Lewis and BIBA Southern Area Chief Physiotherapy Officer Mark Heffernan BSc, MCSP.

Subjects covered:

1. Duty of Care
2. Head Trauma Signs & Symptoms
3. Rules & Regulations
4. What makes a World Class Referee
5. Pre-Fight Duties
6. Referee Ring Craft
7. Judging Guidelines
8. Scoring - Incl. 10 Must System
9. Fitness for Officials

For further information or to register go to: https://bodbiba.com/?page_id=10066

Or e.mail:
admin@bodbiba.com

Coulson Secures WBA Oceania Crown

Photos Courtesy of Rob Callum Roe - Sports Media Photography

A little piece of history was made at the Shirebrook Leisure Centre in Mansfield, UK on Saturday night when the stacked Chris Boyle promoted card, reached its climax and the eagerly awaited showdown between Worksop's Eleanor Coulson and Brisbane, Australia's Jamie Edenden for the vacant World Boxing Association (WBA) Oceanic Middleweight title got under way

The bout was well contested, with both combatants giving their all in what was a fast paced, high quality contest.

Whilst Coulson secured the victory by margins of 99-91, 99-91 and 98-92, the scores did not reflect the close nature of the contest or the supreme effort extended by Edenden, who made Coulson work every second of every round.

Ultimately, it was the superior work rate and accuracy of Coulson, who boxed superbly at range behind her jab for large parts of the contest that took her to victory.

Coulson becomes the first British & Irish Boxing Authority (BIBA) licensed Female Boxer to win a Big 4 Championship on home soil and in doing so secures a guaranteed place in the WBA middleweight rankings.

Championship Officials:

WBA supervisor:

Mr Ferlin Marsh, WBA Oceania President

BIBA supervisor:

Mr Chris Wardrope, BIBA Chairman

Championship Referee:

Mr Ian John Lewis

Championship Judges:

Ms Carla Fox, Mr Adam Puttock and Mr Ben Watkinson

Event Undercard report on page 4

March/April 2024 Event Schedule

30th March 2024

International Pro/Am

Scotland Vs India

Location: Aberdeen, Scotland

Promoter: Lee McAllister

Assassin Promotions

6th April 2024

National Pro/Am

Location: Middlesbrough, UK

Promoter Chris Boyle

**Boyles Pro Boxing/Switch Hitter
Promotions**

18th April 2024

International Pro/Am

Israel Vs United Kingdom

Location: Israel

Co -Promoters:

Lee McAllister

Assassin Promotions

Tony Milch

WBC Amateur

Now to the undercard of Coulson Vs Edenden headlined event, and making his debut on the night was local lad Adam Dent, another top prospect from the team Xbox Academy's conveyor belt of top class amateurs progressing to the Pro scene.



Dent didn't disappoint with a calm composed clinical display against the seasoned Belfast fighter Marty Kayes over 4 rounds. A great start for Dent, he'd performed supremely, winning every round. Foster, a slick prospect from the West Midlands.



Another debuting boxer for Boyle's Pro Boxing was the highly regarded former amateur star Reece Bradford.

Bradford had to deal with the frustrations of not just one but two late change of opponent, so no surprise when Bradford stepped into the ropes he was ready to release his frustration on his opponent David Chapman. Boy oh boy and did he do so in devastating style with a demonstration of spiteful attacks, demolishing Chapman in just 90 seconds.



Konrad Nowicki, another from the Xbox stable was also involved in huge fight, against the big hitting Jack Way from Ashford, Kent for the vacant International Boxing Council (IBC) Light Heavyweight World Crown.

Light Heavyweight was clearly not the weight for Nowicki, who normally fights at a lower weight, as despite a fast start from the Polish born fighter it always looked like Way was waiting for the right moment to unload his artillery, and when he did Nowicki was sent to the canvas.

With two heavy knockdowns of their man Nowicki's corner had seen enough, throwing in the towel to save him from further punishment, as well as crowning Jack Way the new IBC Light



Sheffield veteran Mamraze Afsar also featured, against Junior Foster, a slick prospect from the West Midlands.

Afsar looked a little out of depth, albeit never short of bravery, however following another big attack from Foster, Afsar's corner retired their man 93 seconds into the third round.



The final undercard fight of the Coulson Vs Edenden WBA Championship Headlined event see Dublin's highly rated prospect Francy Luzoho in action against extremely late replacement Harneet Singh, following his original opponent failing to get his visa in time.

Right from the opening bell Luzoho went in hard and fast, landing a barrage of massive shots at such a pace Singh just covered up to protect himself as much as possible, twenty seconds later it was all over with Singh sent hard to the canvas.



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IF YOU NEED PHOTOGRAPHS FOR AN EVENT PLEASE MESSAGE ME

MEET THE TEAM

A STAR CLASS REFEREE IAN JOHN-LEWIS



Ian John-Lewis is a former amateur and professional boxer, he has used this vital experience when he became a referee. In 2000 he became Britain's first and still only Black A Star referee. In 2010 he became the youngest British referee to be the 'man in the middle' at the WBC world heavyweight championship and in 2018 was voted the worlds best boxing referee by his qualified peers

Now in his 31st year as an official he has refereed over 1050 championship bouts, mostly in Britain, and 77 championship contests overseas in 19 different countries including; Italy (15), Denmark (6), Germany (11), France (4), Japan (8), Spain (3), Poland (5), South Africa (2), Turkey (3), Belgium (1), Canada (3), Romania (1), Sweden (1), Russia (5), Zambia (1), Finland (2), USA (3), Saudi Arabia (2) and Gibraltar (2).

John-Lewis' inaugural professional refereeing assignment was the contest between Darren Fifield and Kevin Jenkins at the famous York Hall

in Bethnal Green on the 17th February 1993 and his most recent championship refereeing assignment was on the 3rd February, when he was the man in the middle of both Jack Way vs Konrad Nowicki IBC World title fight and Eleanor Coulson vs Jamie Edenden historic WBA Oceania Championship contest.

Following Eleanor Coulson being presented the WBA Oceania Championship belt by WBA Oceania President Fermin Marsh, John-Lewis said *"Great to referee one of the WBA's Championships tonight.*

"Not only was it my first Major Championship assignment for BIBA but also my first for the WBA Organisation.

"Having refereed minor Championships since joining BIBA, was great to be back with the Major Players"

In addition John-Lewis also judged 442 bouts, of which 305 were Championship contests and again whilst most were in the UK, he also travelled the world on judging assignments.

John-Lewis' first judging assignment was the World Boxing Federation (WBFed) Pan European Championship fight between Jason Hart and Lester Jacobs that took place at Caesars Nightclub in Streatham, London on the 25th November 1998 and his most recent Championship judging assignment being the IBF, WBA, WBC and WBO Championship contest between Undisputed Champion Josh Taylor and and WBO's #1 mandatory challenger Jack Catterall that took place on the 26th February 2022 at the SSE Hydro in Glasgow.

UPCOMING PRO/AM EVENT

30th March 2024



Date: Saturday 30th March 2024

Promoter: Lee McAllister (Assassin Promotions)

Venue: Rich Energy Arena, Assassin Health & Fitness Village, Corunna Road, Aberdeen AB23 8DU

Commission: British & Irish Boxing Authority (BIBA)

Championships: TBA

Tickets: 07594 144433

Broadcaster: TBA

Welterweight	Nathan Beattie	13-6-0	Vs	TBA	0-0-0	6x3
Heavyweight	Liam Allen	5-1-0	Vs	TBA	0-0-0	6x3
Lightweight	Samer Carol	3-1-1	Vs	TBA	0-0-0	6x3
Light Heavyweight	Ege Anil Donmez	Debut	Vs	TBA	0-0-0	4x3
Light Heavyweight	Hebun Noyan	Debut	Vs	TBA	0-0-0	4x3



Division	Scotland		India
53kg	Jay Morgan	Vs	TBA
63kg	Charley Brown	Vs	TBA
63kg	Stanley Main	Vs	TBA
65kg	Martyn Ironside	Vs	TBA
61kg	Kaden Eddie	Vs	TBA

Awaiting confirmation of the Indian Amateur Team as well as the Professional opponents - for updates please go to event on schedule at https://boxbiba.com/?page_id=9997



Please support this Fantastic Pro/Am boxing project created by WBC Amateur head honcho [Anthony Milch](#)

This event features a team of Israel based boxers of Jewish, Muslim and Christian faiths, who train and socialise together

In April a mixed Pro/Am team from the UK, including BIBA professional boxers will be making their way to Israel for this fantastic event to promote peace in the region.

Seriously proud to be involved in the incredibly important event
<https://www.justgiving.com/crowdfunding/GlovesnDoves...>

Watch this space for more information



**British & Irish Boxing Authority
MEDICAL ADVISORY BOARD**

Concussion Guidance Update

The BIBA Medical Advisory Board (BMAB) Concussion Group, who developed the Association of Professional Boxing Commissions (APBC) Head Trauma Signs & Symptoms Course module, that is included as part of all APBC and BIBA courses, are constantly monitoring all advances and recommendations related to head trauma and concussion.

The BMAB Concussion team recently shared an article on new Concussion in Sport Guidance that was published by MedScape, please see below excerpts from the article as these new guidelines and tools will be being added to the updated APBC Head Trauma Signs & Symptoms module.

New International Guidance Tackles Concussion in Sport

An international panel of experts has revised recommendations on optimal management of concussion for athletes at all levels of participation — with some major changes.

The revised recommendations — more than 5 years in the making and informed by 10 systematic reviews — stem from the 6th International Conference on Concussion in Sport held in Amsterdam, the Netherlands, in October 2022.

The new guidance states that light physical and cognitive activity, such as walking and easy activities of daily living (ADLs), are both okay in the first 48 hours after concussion and beyond.

Brief (<1 hour), mild symptom exacerbation during recovery, defined as an increase of 2 points or less on a 10-point symptom scale, does not delay recovery.

However, physical and cognitive activity should be stopped if there is more than a mild increase in symptoms, defined as an increase of greater than 2 points from pre-activity level.

The new guidance also states that prescribed aerobic exercise in the 2 to 10 days after injury, personalised to the tolerance level of the athlete, aids recovery from sports concussion.

There is evidence that patients recover an average of 5 days faster with early aerobic exercise than without.

Another evidence-based recommendation is to limit (but not eliminate) screen use during the first 48 hours after the injury to aid recovery.

The new guidance also highlights the importance of sleep for concussion recovery.

New Assessment Tools

The consensus statement also introduces a "new generation" of age-appropriate concussion recognition and assessment tools.

These include the Concussion Recognition Tool-6 (CRT6) and the Sport Concussion Assessment Tool-6 (SCAT6 and Child SCAT6), as well as a new tool, the Sport Concussion Office Assessment Tool-6 (SCOAT6, Child SCOAT6).

The SCOAT6 and Child SCOAT6 are a tool that didn't previously exist and are designed to help guide healthcare professionals, from GPs through to emergency services, paediatricians, and neurologists, in managing sports-related concussion.

The new document also provides evidence-based strategies for returning to active sport and education after concussion; approaches to concussion prevention; targeted rehabilitation; which will all be included in the updated APBC Head Trauma Signs & Symptoms module.

Please see below the updated Official Weight Chart, that now includes both Pinweight and Bridgerweight to download a Print Ready PDF version please go to: <https://boxbiba.com/BIBAWeightChart.pdf>



BRITISH & IRISH BOXING AUTHORITY (BIBA)

OFFICIAL WEIGHT CHART

January 2024

Pinweight	99 lbs	44.9 kg	7 st 1 lbs
Atomweight <i>Light Minimumweight</i>	102 lbs	46.3 kg	7 st 4 lbs
Strawweight <i>Minimumweight</i>	105 lbs	47.6 kg	7 st 7 lbs
Light Flyweight <i>Junior Flyweight</i>	108 lbs	49 kg	7 st 10 lbs
Flyweight	112 lbs	50.8 kg	8 st
Super Flyweight <i>Junior Bantamweight</i>	115 lbs	52.2 kg	8 st 3 lbs
Bantamweight	118 lbs	53.5 kg	8 st 6 lbs
Super Bantamweight <i>Junior Featherweight</i>	122 lbs	55.3 kg	8 st 10 lbs
Featherweight	126 lbs	57.2 kg	9 st
Super Featherweight <i>Junior Lightweight</i>	130 lbs	59 kg	9 st 4 lbs
Lightweight	135 lbs	61.2 kg	9 st 9 lbs
Super Lightweight <i>Junior Welterweight</i>	140 lbs	63.5 kg	10 st
Welterweight	147 lbs	66.7 kg	10 st 7 lbs
Super Welterweight <i>Junior Middleweight</i>	154 lbs	69.9 kg	11 st
Middleweight	160 lbs	72.6 kg	11 st 6 lbs
Super Middleweight	168 lbs	76.2 kg	12 st
Light Heavyweight	175 lbs	79.4 kg	12 st 7 lbs
Cruiserweight	200 lbs	90.7 kg	14 st 4 lbs
Bridgerweight <i>Super Cruiserweight</i>	224 lbs	101.6 kg	16 st
Heavyweight	No limit	No limit.	No limit



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